



Inpatient rehabilitation program

Our inpatient rehabilitation programs are perfect if you require overnight nursing and medical care. Stay in a comfortable private room with ensuite and enjoy nutritional, balanced, and tasty meals cooked on-site daily using the freshest of ingredients. When your program is complete, you can continue to benefit from services through our day rehabilitation program.



Day rehabilitation program

Our day rehabilitation programs are ideal if you do not require the support of inpatient care. Programs are offered as individual and group sessions with full day and half day options available. We also offer self-funded therapy packages where you can access Royal Rehab's modern facilities including a fully-equipped gym and hydrotherapy pool.



Referrals

To benefit from our Parkinson's programs simply obtain a referral from your GP or treating specialist. Referral forms are available via our website at royalrehab.com.au/private-hospital. For more information, contact our inpatient team on (02) 9809 9011 or day rehabilitation team on (02) 9808 0522.

Fees and charges

We accept funding from most private health insurance funds, workers compensation and icare. We also welcome clients who wish to self-fund. If you are privately insured, ask your health fund about exclusions, excess payments or co-payments applicable to your cover. Contact our friendly team for a fee estimate.

For more information please call:
02 9808 9222

royalrehab.com.au/private-hospital



Parkinson's rehabilitation programs

Tailored to you





Place yourself in trusted hands

Royal Rehab Private Hospital is a leading not-for-profit provider of physical rehabilitation services. Our evidence-based programs are built on the latest research and we have a reputation for strong clinical outcomes. Our skilled rehabilitation doctors and allied health professionals are leaders in their fields with a commitment to high quality care.

We are proud to incorporate advanced rehab technology into our therapies for better results. We also boast a high staff to patient ratio to deliver you exceptional service.

Set in beautiful modern surrounds, Royal Rehab Private Hospital is owned by Royal Rehab, a registered charity with over 120 years' experience in rehabilitation and disability support services.

If you or someone you care about is living with Parkinson's disease, a personalised therapy program can help manage the symptoms and enable a more active life.

Royal Rehab understands your journey is unique. That's why we design innovative, evidence-based programs to meet your goals. Our caring and skilled health professionals take a holistic approach to your wellbeing designed to support you every step of the way.

Specialised Parkinson's programs

At Royal Rehab Private Hospital, we are proud to offer you proven Parkinson's programs:

- ✓ PD Warrior®: internationally recognised group exercise classes designed to slow the symptoms of Parkinson's in a fun, supportive environment.
- ✓ Lee Silverman Voice Treatment (LSVT): a speech therapy program that can improve speech volume and clarity.

Multidisciplinary approach

Under the direction of a Rehabilitation Specialist, our team of friendly and experienced health professionals take a multidisciplinary approach to design a program that's just right for you. Benefit from the most appropriate mix of allied health therapies and the combined expertise of our clinicians which can include:

- ✓ Nursing
- ✓ Occupational therapy
- ✓ Physiotherapy
- ✓ Speech pathology
- ✓ Hydrotherapy
- ✓ Dietetics
- ✓ Exercise physiology

What are the benefits?

Our Parkinson's programs can support you by:

- ✓ Retraining your mobility and balance
- ✓ Improving your movement and function
- ✓ Building your strength
- ✓ Enhancing your fitness levels
- ✓ Managing the symptoms of the disease
- ✓ Improving speech volume and clarity
- ✓ Improving your mental health
- ✓ Boosting your diet and nutrition

