



# Inpatient Program

*Where exceptional clinical care  
meets outstanding facilities*



“

*Through the rehabilitation program,  
I set my own goals related to speech,  
mobility and independence that are  
important and meaningful to me.*

”

Leslie



# A program tailored to you

**For expert rehabilitation following illness, surgery or trauma, there is simply no better choice than Royal Rehab Private Hospital.**

Our world class rehabilitation programs deliver exceptional clinical care in outstanding facilities. Every doctor, nurse and therapist is skilled in rehabilitation medicine and dedicated to your recovery.

## Recover better with us



**Multidisciplinary team**  
of allied health professionals



**Personalised programs**  
based on your goals



**High staff to patient ratios**  
for better results

Your road to recovery is unique. That's why we design innovative, evidence-based programs to meet your goals. Your care will be under the direction of a leading rehabilitation specialist who works collaboratively with our multidisciplinary team of health professionals to ensure a holistic approach. We are proud of our high staff to patient ratio designed to deliver you an exceptional patient experience.

## We can assist you with:

- Rehabilitation for neurological conditions including stroke, multiple sclerosis and Parkinsons disease,
- Orthopaedic rehabilitation (post injury, operation or trauma), and
- Multidisciplinary reconditioning and post-operative care.

## Benefit from our multidisciplinary team of experts:

- Rehabilitation specialists
- Rehabilitation nurses
- Physiotherapists
- Occupational therapists
- Speech pathologists
- Dietitians
- Exercise physiologists
- Psychologists
- Social workers
- Neuropsychologists

# Outstanding facilities

## Modern and spacious facilities

At Royal Rehab Private you will enjoy one of our contemporary hotel-style private rooms. Your room will feature a spacious ensuite, a large flat screen TV with Foxtel, movies on demand and free Wi-Fi. It may also feature a balcony with views across our expansive facilities.

Your rehabilitation will be enhanced by our modern gyms, hydrotherapy pool and spacious outdoor areas with peaceful landscaped gardens.

## Nutritional and tasty meals

We prepare nutritional, balanced and tasty meals which are cooked on-site daily using fresh ingredients. Our cafes are perfect for spending time with family and friends who visit during your stay.



## How to be referred

Talk to your general practitioner, specialist consultant or health care professional about rehabilitation at Royal Rehab. To discuss inpatient referrals, please contact the referral coordinator on **02 9809 9011** or email **referrals@royalrehab.com.au**. Referral forms are available on our website **www.royalrehab.com.au**.

## Fees and charges

Royal Rehab Private Hospital Inpatients Unit accepts funding from most private health insurance funds, workers compensation, Lifetime Care and Support Scheme (icare) and self-funded individuals. If you are privately insured, ask your health fund about exclusions, excess payments or co-payments applicable to your cover. You can contact us for a fee estimate.



## Did you know we also offer Day Rehabilitation programs?

If you or your loved one wants to build strength, abilities and independence but don't require the medical and nursing care of an inpatient setting, our Day Rehabilitation is the perfect choice.

Choose a full day or half day program incorporating hydrotherapy, physiotherapy, exercise physiology, occupational therapy, speech pathology, dietetics and nursing care. You can also access PD Warrior, a world renowned program designed to address the symptoms of Parkinsons disease.

Find out more at [royalrehab.com.au](http://royalrehab.com.au)

## Place yourself in our trusted hands

Royal Rehab is Australia's leading not-for-profit provider of rehabilitation and disability services. Established in 1899, we are passionate about supporting people to achieve their potential.

Our Private Hospital is one of our four models of care:

- Private Hospital – inpatient and Day Rehabilitation.
- Disability Services – accommodation, drop-in and live-in support, help with community participation and navigating the NDIS.
- Community Rehabilitation – programs with clinical therapists who can help you gain strength, abilities and independence at home or in a community location.
- Specialist traumatic brain and spinal rehabilitation inpatient units.

Whatever your goals, talk to us about how we can help.







## *Contact us!*

235 Morrison Road Ryde NSW 2112

T. 02 9809 9011

F. 02 8088 4316

E: [referrals@royalrehab.com.au](mailto:referrals@royalrehab.com.au)

[www.royalrehab.com.au](http://www.royalrehab.com.au)